

Ready-to-edit captions and copy blocks. Replace [] fields with your details.

Instagram / Facebook

Running a [type] group? Here's what to share. ■

We're opening enrollment for [Group Name] — a [format] [type] group meeting [schedule]. This group is for [who it's for]. [Cost]. No waitlist, no referral needed.

Link in bio → [mytherapygroups.com/listing/\[your-slug\]](https://mytherapygroups.com/listing/[your-slug])

Instagram Story / Reel Hook

POV: You finally found a group that actually fits your schedule.

Swipe to see what [Group Name] looks like. [Day] nights, [time], [format]. [Cost]. Open enrollment — just show up.

Link in bio to sign up or learn more.

LinkedIn (for referral partners)

If you work with clients looking for [topic] support groups — this one's worth bookmarking.

[Group Name] is a [type] group running [schedule] via [format]. Facilitated by [credentials]. Cost: [cost]. I'm listed on My Therapy Groups — a free national directory — for easy referral.

Full listing: [mytherapygroups.com/listing/\[your-slug\]](https://mytherapygroups.com/listing/[your-slug])

Email / Newsletter Blurb

Announcing: [Group Name] is now open for enrollment.

I'm excited to share that [Group Name] — a [description] group — is now enrolling for [season/date]. We meet [schedule] via [format]. Cost is [cost]. Space is limited to [number] members.

Learn more and reach out at [mytherapygroups.com/listing/\[your-slug\]](https://mytherapygroups.com/listing/[your-slug])

Referral Partner One-Liner

Quick note for your referral list:

[Your Name], [credentials], is now accepting referrals for [Group Name] — a [format] [type] group meeting [schedule]. Cost: [cost]. Group is listed on My Therapy Groups for easy client lookup.

Direct listing link: [mytherapygroups.com/listing/\[your-slug\]](https://mytherapygroups.com/listing/[your-slug])

